

TBI Model Systems

olish Date: 7/1/2024	Mail-Out Questionnaire	SubjectID:
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Please answer the following questions as thoroughly and accurately as possible. For each question, circle the most appropriate choice, or write your answer in the box provided. If selecting "other" as a choice, please provide a description in the box provided. All information will be kept confidential, and will help us to better understand the course of recovery and outcomes after traumatic brain injury.

If possible, this questionnaire should be completed by the study participant. If that is not possible, someone

who knows the participant well may answer most of t	he questions on their behalf.
Date/	
How many years of education have you completed? (At time of interview) 1 Year or Less	Were you ever deployed in a combat zone? No Yes Have you worked at a regular job since your injur (this would include any job for which you were paid at least minimum wage, and worked without the help of another person like a job coach or a therapist)? If yes, when did you start working in a regular job following your injury?/
No diploma	 Full Time Student [Regular class] Part Time Student [Regular class] Special Education / Other Non-Regular Education Competitively Employed [Minimum wage or greater, legal or illegal employment, *includes
In a typical week, how many hours do you spend in school working toward a degree or in an accredited technical training program, including hours in class and studying? None 1 - 4 Hours 5 - 9 Hours 10 - 19 20 - 34 35 or More Hours Hours	 on leave with pay] Taking Care of House or Family Special Employed [Sheltered workshop, supportive employment, has job coach] Retired: Age-related Unemployed: Looking [Looking for work in the last 4 weeks] Volunteer Work Retired: Disability
Have you ever served in the military? No Yes How many years of active duty did you serve?	 Unemployed: Not looking [Not looking for work in last 4 weeks for any reason] Hospitalized Without Pay [During last 4 weeks Retired: Other; On Leave From Work: Not receiving pay Hospitalized With Pay Other

In a typical week, how many hours do you spend working for money, whether in a job or self-employed?	In a typical week, how many times do you socialize with family and relatives, in person or by phone?
□ None □ 1 - 4 Hours □ 5 - 9 Hours	□ None □ 1 - 4 Times □ 5 - 9 Times
□ 10 - 19 □ 20 - 34 □ 35 or More Hours Hours Hours	□ 10 - 19 □ 20 - 34 □ 35 or More Times Times Times
What kind of work do you currently do? (describe job below)	In a typical week, how many times do you socialize with friends, in person or by phone? Please do not include socializing with family members.
	□ None □ 1-4 Times □ 5-9 Times
What is your total annual salary, based on your current job(s) (or based on your military classification if not working)?	□ 10 - 19 □ 20 - 34 □ 35 or More Times Times Times
□ \$9,999 or Less □ \$60,000 - \$69,999 □ \$10,000 - \$19,999 □ \$70,000 - \$79,999 □ \$20,000 - \$29,999 □ \$80,000 - \$89,999 □ \$30,000 - \$39,999 □ \$90,000 - \$99,999 □ \$40,000 - \$49,999 □ \$100,000 or More □ \$50,000 - \$59,999	Not including your spouse or significant other, do you have a close friend in whom you confide? □ No □ Yes In a typical week, how many times do you give
Which category best describes your total family income for the past year. Include the income of any family member who was living with you, as	emotional support to other people, that is, listen to their problems or help them with their troubles?
well as your own income when choosing the	□ None □ 1 - 4 Times □ 5 - 9 Times
category. □ Less than \$25,000 □ \$100,000 - \$149,999 □ \$25,000 - \$49,999 □ \$150,000 - \$199,999	□ 10 - 19 □ 20 - 34 □ 35 or More Times Times Times
□ \$50,000 - \$99,999 □ \$200,000 or More	In a typical week, how many times do you use the Internet for communication with others? For example, text, email, virtual meetings, social
In a typical week, how many hours do you spend	media.
in active homemaking, including cleaning, cooking and raising children?	□ None □ 1 - 4 Times □ 5 - 9 Times
□ None □ 1 - 4 Hours □ 5 - 9 Hours	□ 10 - 19 □ 20 - 34 □ 35 or More
□ 10 - 19 □ 20 - 34 □ 35 or More Hours Hours Hours	Times Times Times
	In a typical week, how many days do you get out of your house and go somewhere? It could be anywhere. It doesn't have to be any place "special".
	□ None □ 1 − 2 Days □ 3-4 Days
	□ 5-6 Days □ 7 Days

	at is your Isportatio	-	nary method	of n	notorized		typical m movies?	ont	h, how man	y tim	es do you go to
	Drives Ve	hicl	e 🗆 Ride	es w	ith Someone Else		None		One Time		2 Times
	Public Tra	ansp	oort 🗆 Spe	cial	Bus or Van Service		3 Times		4 Times		5 or More Times
In a	typical m	ont	h, how many	tim	es do you eat in						
a re	staurant?					In a	typical m	ont	h, how man	y tim	es do you attend
	None		1 - 4 Times		5 - 9 Times	spo		in p	person, as a	spec	
	10 - 19		20 - 34		35 or More		None		One Time		2 Times
	Times		Times		Times		3 Times		4 Times		5 or More
In a	typical m	ont	h, how many	tim	es do you go						Times
sho	pping? Inc	lud	e grocery sho	ppi	ng, as well as						
		hou	sehold neces	sitie	s, or just for				-	-	es do you attend
fun											ude places like
	None		1 - 4 Times		5 - 9 Times	chu		nple	s and mosq	ues.	
	10 - 19		20 - 34		35 or More		None		One Time		2 Times
	Times		Times		Times		3 Times		4 Times		5 or More
In a	typical m	ont	h, how many	tim	es do you						Times
eng	age in spo	rts	or exercise o	utsio	de your home?						
			_		vling, going to						
		nmi	ng, walking f	or e	xercise and the						
like			4 AT'		F 0 T'						
	None		1 - 4 Times		5 - 9 Times						
	10 - 19		20 - 34								
	Times		Times		Times						
			h, how many	tim	es do you do						
volu	unteer wo	rk?									
	None		One Time		2 Times						
	3 Times		4 Times		5 or More Times						

This set of 4 questions are to be completed by study participant only.							
PATIENT UNABLE TO COMPLETE							
Please check the response to indicate how much you agree or disagree with the following statements.	Strongly Disagree	Disagree	Slightly Disagree	Neither Agree Nor Disagree	Slightly Agree	Agree	Strongly Agree
In most ways my life is close to my ideal							
The conditions of my life are excellent							
I am satisfied with my life							
So far, I have gotten the important things I want in life							
(Since your discharge from the rehab center) or (In the past year), have you stayed overnight in a hospital because you were ill or injured or had a psychiatric disorder?							
If YES, what was the reason for your admission(s)?							
Rehospitalization 1:							
Rehospitalization 2:							
Rehospitalization 3:							
Rehospitalization 4:							
Rehospitalization 5:							
How many seizures have you had in the past year (since your discharge)? □ None □ Up to three □ 4-12 □ At least one □ At least one seizures seizure monthly seizure weekly seizure daily							

Has a doctor or other health professional ever told you that you had (please	e circle re	sponse below)
1. Hypertension or high blood pressure?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
2. Congestive heart failure?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
3. Myocardial infarction or heart attack?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
4. Stroke?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
5. High Blood Cholesterol?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
6. Diabetes, high blood sugar, or sugar in the urine?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
7. Liver disease (such as hepatitis?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
8. Rheumatoid arthritis?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
9. Osteoarthritis?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
10. Dementia of some kind, like Alzheimer's?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
11. Parkinson's disease?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
12. Panic attacks?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After
13. PTSD (Post-traumatic stress disorder?	No	Yes	
If yes, was that before, after, or about same time as your TBI?	Before	Same time	After

How tall are you without shoes (in Inches)?	During the past month have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor? No Ses
How much do you weigh without shoes (in Pounds)?	During the past month, how many days per week did you drink any alcoholic beverages on the average?
This question to be completed by study participant only. In general, would you say your health is	A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on average?
□ Excellent □ Very Good □ Good	
□ Fair □ Poor	Considering all types of alcoholic beverages, how many times during the past month did you have
Moving on to some different questions now	five or more drinks on an occasion?
Do you currently smoke cigarettes every day, some days, or not at all?	
□ Not at All □ Some Days □ Everyday	FEMALES ONLY: Considering all types of alcoholic beverages, how many times during the past
During the last 12 months did you use any illicit or non-prescription drugs?	month did you have four or more drinks on an occasion?
□ No □ Yes	
Did you use marijuana?	
□ No □ Yes	
Was marijuana prescribed to you?	
□ No □ Yes	

The following set of questions are to be completed by study participant only.

PATIENT UNABLE TO COMPLETE	
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Over the last two weeks, how often have you been bothered by any of the following problems?	Not at All	Several Days	More Than Half of the Days	Nearly Every Day		
a. Little Interest or pleasure in doing things						
b. Feeling down, depressed, or hopeless						
c. Trouble falling or staying asleep, or sleeping too much						
d. Feeling tired or having little energy						
e. Poor appetite or overeating						
f. Feeling bad about yourself or that you are a failure or have let yourself or your family down						
g. Trouble concentrating on things, such as reading the newspaper or watching television						
h. Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual						
i. Thoughts that you would be better off dead or hurting yourself in some way						
j. How difficult have these problems made it for you to do your work, take care of things at home, or get along with other people? □ Not difficult at all □ Somewhat Difficult □ Very Difficult □ Extremely Difficult						

In the past year, have you attempted suicide? □ No □ Yes							
The following set of questions are to be completed by study participal	nt only.						
PATIENT UNABLE TO COMPLETE							
This next section asks questions that sound similar to some ask	ed earlie	er, but the	y are different.				
Over the last two weeks, how often have you been bothered by any of the following problems?	Not at All	Several Days	More Than Half of the Days	Nearly Every Day			
a. Feeling nervous, anxious or on edge							
b. Not being able to stop or control worrying							
c. Worrying too much about different things							
d. Trouble relaxing							
e. Being so restless that it is hard to sit still							
f. Becoming easily annoyed or irritable							
g. Feeling afraid as if something awful might happen							
h. How difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?							
□ Not difficult at all □ Somewhat Difficult □ Very Difficult □ Extremely Difficult							

Whe	re do you live now?	What racial group or groups do you most identify			
	Private Residence	as? (Check all that apply)			
	Nursing Home/Subacute Care				
	Adult Home	White			
	Correctional Institution	□ No □ Yes			
	Hotel/Motel	Black or African American			
	Homeless	□ No □ Yes			
	Hospital: Acute care	Asian			
	Hospital: Rehabilitation	□ No □ Yes			
	Hospital: Other				
	Other	American Indian or Alaskan Native			
		□ No □ Yes			
Wha	t is the zip code where you are living:	Native Hawaiian or other Pacific Islander			
		□ No □ Yes			
Who	are you currently living with?				
	Alone	What is the primary language spoken in your			
	With spouse or significant other	home?			
	Other family	□ English			
	Someone else	□ Spanish			
		□ Other Language			
Wha	t is your current marital status?	Language Spoken: (if not English or Spanish)			
	Single (Never Married) □ Separated	Language Spoken. (ii not English of Spanish)			
	Married				
	Divorced Other				
		What is your country of birth?			
_	ou live with your spouse or significant other?	☐ United States ☐ Other than the United States			
	No Yes				
		Country of birth (if not born in the US):			
-	you currently involved in an ongoing intimate,				
	is, romantic or sexual, relationship?				
	No □ Yes				
		How many years have you been in the United			
Are y	ou of Hispanic, Latino, or Spanish origin?	States?			

□ No □

Yes

Name:		
Who answered these questions?		
□ Participant	□ Sibling	□ Other relative
□ Spouse	□ Adult Child	□ Friend
□ Parent(s)	□ Boyfriend, girlfriend, fiancé	□ Professional Caregiver
That's all the questions we have. The Your answers will be very helpful. Wagain.		time to complete this questionnaire year(s) to follow-up with you
Please provide the following inform	ation so we can keep in contact w	vith you:
Address:	Home Phone	#: ()
City:	Cell Phone #:	()
State:	Other Phone	#: ()
Zip Code:	Email Address	::
Who is the best person to contact if	we cannot reach you?	
Name:	Home Phone	#: ()
Address:	Cell Phone #:	()
City:	Other Phone	#: ()
State:	Email Address	s:
Zip Code:		
This person is my:		
□ Mother / Father□ Son/Daughter	Spouse/Significant OtherRoommate/Friend	□ Brother/Sister□ Other: